|  |  |
| --- | --- |
| **Intake of salt per day** | Description: Mean intake of salt in grams per day among all respondents |
| Instrument question: M8: Are you pregnant? B10: Had you been fasting prior to urine collection? B14: Urinary sodium measurement B15: Urinary creatinine measurement |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean salt intake (g/day)** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean | 95% CI | n | Mean | 95% CI | n | Mean | 95% CI |
| 18-29 | 194 | 10.7 | 9.9 - 11.5 | 178 | 8.3 | 7.9 - 8.8 | 372 | 9.4 | 8.9 - 9.9 |
| 30-44 | 339 | 10.8 | 10.3 - 11.3 | 365 | 9.3 | 8.7 - 9.8 | 704 | 10.0 | 9.6 - 10.3 |
| 45-59 | 306 | 11.1 | 10.7 - 11.6 | 357 | 8.5 | 8.2 - 8.7 | 663 | 9.9 | 9.5 - 10.4 |
| 60-69 | 223 | 10.9 | 10.5 - 11.2 | 218 | 7.2 | 6.8 - 7.7 | 441 | 8.7 | 8.2 - 9.3 |
| **Total** | **1062** | **10.9** | **10.6 - 11.2** | **1118** | **8.5** | **8.3 - 8.7** | **2180** | **9.6** | **9.4 - 9.9** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 342 | 10.4 | 9.8 - 10.9 | 347 | 8.3 | 7.9 - 8.7 | 689 | 9.3 | 8.8 - 9.7 |
| Urban | 720 | 11.4 | 11.0 - 11.7 | 771 | 8.7 | 8.4 - 8.9 | 1491 | 9.9 | 9.7 - 10.2 |